



# PRODUCT TECHNICAL SPECIFICATIONS

**PRODUCT NAME** FRENCH BEANS (*Phaseolus vulgaris*)

**PRODUCT DESCRIPTOR**

French beans are selected for their lovely texture and equally good taste. Tender and slender, the beans contain green, rounded and velvety pods that are eaten whole while they are still young, juicy and tender. Sweet and tender on the touch, wonderfully crispy on the bite and ultimately delicious to eat.

French beans are low in calories, contain only a little saturated fat, and are an excellent source of plant-derived micro-nutrients, minerals and vitamins. Also have antioxidant properties and help the body build resistance against infectious agents and feast on harmful oxygen free radicals and reactive oxygen species that play a role in the aging process.

**PRODUCTION PLACE**

Guatemala

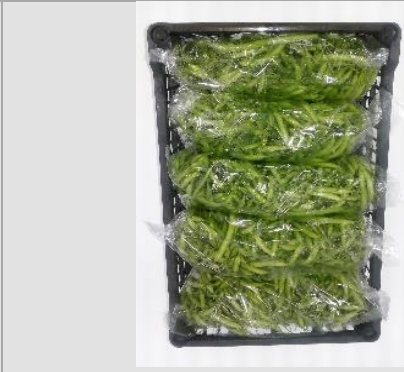
**NUTRITIONAL COMPOSITION (1 cup 184g)**

Calories	631kcal
Carbohydrates	118g
Fats	3.7g
Water	19.8g
Dietary Fiber	46.4g
Cholesterol	0.0mg
Proteins	35g

**PRESENTATION AND COMMERCIAL PACKAGING**

Our main objective is to meet the needs of our customers and that is why we are able to pack our products according to their specifications and requirements.

An example of our packing is the cases of 10lbs and 20lbs.



**ORGANOLEPTIC CHARACTERISTICS**

Color: green  
 Smell: none  
 Consistency: tender  
 Flavor: green vegetable

**CERTIFICATIONS**

		Organic FDA Inspections & Approved Local Inspections PACA License
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